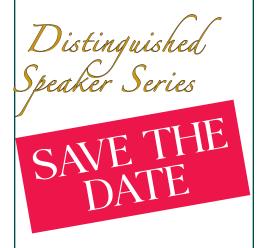
### MONTGOMERY-BUCKS DENTAL SOCIETY

2ND DISTRICT - Pennsylvania Dental Association



# Bulletin

Volume 72 Number 3 Winter 2024



# Thursday April 11, 2024

Blue Bell Country Club Blue Bell, PA

"Orofacial Pain Panel with Q&A Session"

Presented by: Carly Jacobs, DMD Stephanie Resendiz, DPT, OCS, FAAOMPT

Watch for eBlasts with details and registration information.

Cocktails - 6:30 PM Dinner - 7 PM Meeting - 8 PM See page 16 for Registration form.

Dear Members,

I hope that everyone had a happy and

healthy holiday season!! I hope 2024 will be exceptional for everyone!

Reflecting on this past year and all of the exciting things we have been able to gather together to enjoy, I cannot help but think of many of my patients who are homebound for a number of different reasons. As a mobile dentist, I reach patients who otherwise would have no access to dental care. It is an outside of the box concept to have a dentist come to your home and essentially bring the dental office to you! Through modern technology, it is possible to take radiographs and do fillings bedside. This job has opened my eyes to a world of dentistry that most of us do not think about on a regular basis. Mobile dentistry is both challenging and immensely rewarding. I am excited to see where it will take me this year!

Our executive board has been hard at work bringing fresh ideas to 2024! We are reworking some of our "Monday Night Dinners" and have upcoming plans for a panel

discussion, an end of the year BBQ, and opportunities to connect with fellow dentists in our ongoing "Hot Topics, Cold Brews" happy hours. We are also looking to the future of the Society and have begun working on some more involved plans for the

President's Message

months and years ahead, including an opportunity to engage with the latest technologies and tools in dentistry (and maybe a "toy" or two as well). Keep an eye out for the dates and locations of these events!!

I invite everyone to sign up for our upcoming all day CE events. On Friday, March 8th, Dr. Jeffery Osborne who will be lecturing on "Treating Sleep Apnea" and "Laser Technology for the Modern Practice". On Friday April 19th, Dr. Brian Novy will lecture on "Nobody Caries" and "Offensive Dentistry". These are great courses for the entire team!

We want to promote togetherness in a time where remote participation has become the new norm. What do you want to see from MBDS in the months and years ahead?? Please reach out to us with any concepts or events that you would be interested in!

Have a great winter!

Danielle Teitelman

Danielle Teitelman



### **Executive Council Meetings:**

(held at Normandy Farms Conference Center) Wednesday, March 20, 2024 Wednesday, May 29, 2024

Wednesday, September 18, 2024 Wednesday, November 6, 2024 Wednesday, January 8, 2025 (zoom)

**Dinner Meetings:** Cocktail hour beginning at 6:00 & dinner at 7:00

(held at Normandy Farms Conference Center)

April 11, 2024 - Orofacial Pain Panel, Blue Bell Country Club

May 23, 2024 - Family BBQ, Blue Bell Country Club

### Friday Full Day CE Meetings: Friday courses run 9:00 to 3:30

(held at Blue Bell Country Club Clubhouse)

March 8, 2024 - Dr. Jeffrey Osborne

AM: Treating Sleep Apnea - PM: Laser Technology for the Modern Practice

April 19, 2024 – Dr. Brian Nový

AM: Offsensive Dentistry - PM: Nobody Caries

### **GPVFDC** Course

April 5, 2024 - Dr. Mark Donaldson, Valley Forge Casino Resort

#### **Social Events**

February 15, 2024 – Hot Topics, Cold Brews, MaGerk's, Horsham, PA April 18, 2024 – Hot Topics, Cold Brews, TBA June 13, 2024 – Hot Topics, Cold Brews, TBA October 10, 2024 – Hot Topics, Cold Brews, TBA

December 12, 2024 – Hot Topics, Cold Brews, TBA



### Deadline for Spring Issue: March 11, 2024

The Bulletin (ISSN 0027-0156) will be published four times for the 2023-2024 Year. The Montgomery-Bucks Dental Society and the editorial staff assume no responsibility for articles or opinions expressed in this publication by its contributors, or for omissions from such articles. All articles must reach the editor by the first of the month previous to next issue's publication.

Advertising rates are available from the Business Manager, Dr. Thomas A. Howley, P.O. Box 633, Green Lane, PA 18054, 215-234-4203, mbdsdr@comcast.net



Member of American Association of Dental Editors

### MONTGOMERY-BUCKS DENTAL SOCIETY

P.O. Box 633 Green Lane, PA 18054 Phone: 215-234-4203 www.mbds.org

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# MBDS Holiday Charcuterie Event

### Thursday, November 16, 2023 ART in the BARN

MBDS Members and Spouses had a wonderful time at our Holiday Charcuterie Workshop! There was much camaraderie and laughter over red wine, elegant cheeses and floral edibles made from both meats and fruit! Everyone created their own charcuterie masterpiece and gleaned skills to impress their guests over the holidays!















# Hot Topics Cold Brews

WARWICK FARM
• Brewing •

Thursday, August 17, 2023







Thursday, October 12, 2023





Thursday, December 14, 2023



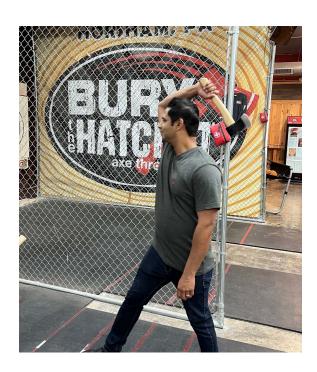


# MBDS @ Bury the Hatchet!!

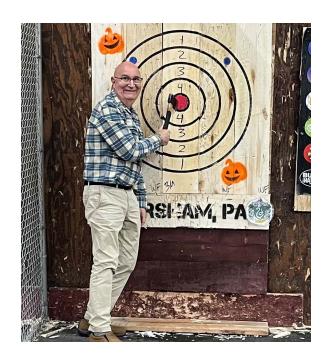


**Thursday October 19, 2023** 









6 Winter 2024 join us for **MBDS Annua And Family Picnic** BLUE BELL COUNTRY | Cocktails 6P **Dinner 7 PM** CLUB CLUBHOUSE Open to ALL Members, Spouses, Children & Guests Welcome! Family Friendly Food Casual Dress Watch for eblasts with details and registration.

www.mbds.org



Since 1976 the Women's Center of Montgomery County (WCMC) has continued to grow services to meet the needs of survivors of Domestic Violence. WCMC has Medical Advocates in 3 Montgomery County hospitals, has 7 office locations, which includes our Protection from Abuse Office in the Montgomery County Courthouse. The Women's Center also provides a safe space for young adults to discuss healthy relationships on our Teen Text Line

Our purpose is to be where we can best aid those suffering from domestic violence.

As an organization WCMC assisted approximately 4,000 individuals from Montgomery County last year, 569 of these survivors were men. These are members of our community, our sisters, brothers, friends, coworkers, parents.

1 in 3 women, 1 in 4 men, and nearly half of LGBTQ+ individuals will experience domestic violence in their lifetime. Last year 101 victims in Pennsylvania died at the hands of their abuser, here in Montgomery County 4 of our residents lost their lives to domestic violence.

Organizations such as ours work each day to provide support and services to those who need them to safely leave their abuser. Many of these survivors have children, pets, or may be unemployed which only adds additional layers of worry to an already frightening situation.

In 2016 the Pennsylvania Legislature passed the felony strangulation law. If an individual strangles or attempts to strangle an intimate partner or a member of their household it is graded as a felony. Under prior law, an accusation of choking or strangulation with minimal injuries would have been charged as a simple assault or harassment offense. Strangulation is an indicator of rising violence. According to the Strangulation Institute, a victim of strangulation is 750 times more likely to die by gun violence from their abuser. These statistics are staggering but vital information to victims.



This past year WCMC created the High Risk Assessment Team to share this information with survivors, law enforcement, medical practitioners and our district court judges.

Currently there is no resource to identify a convicted abuser, other than the strangulation charge and as stated before this is an escalated action. Many victims live years with coercive control, being financially, emotionally and verbally abused. Often, once an abuser rises to the physical assault level it falls to the victim to find the internal strength to plan a safe way out and a place to hide. Organizations like ours are here to help. Community awareness of these programs are vital to get help to those in need.

"In the last 10 years, more than 1,400 victims and perpetrators have died from domestic violence-related incidents in Pennsylvania." (PCADV). That is more than 100 victims each year. It is imperative that the healthcare community network with a local DV agency and be educated about domestic violence so that we can get victims the resources and information they need to stay safe and not become a statistic.

Please contact Beth Iula at biula@womenscentermc.org or Kathy Rusch at

krusch@womenscentermc.org to request information and times for a Domestic Violence 101 training session.

If you know of someone in need of support and services, have them contact our 24 Hour hotline at 1-800-773-2424.



## **Continuing Dental**

## **Education Program**





Seminar #3: Friday, March 8, 2024
AM: Treating Sleep Apnea
PM: Laser Technology for the Modern Practice

Dr. Jeffrey Osborne Level: Entire Team

### **AM: TREATING SLEEP APNEA**

Sleep medicine continues to be one of the most requested procedures to learn and incorporate into a dental practice. Sleep-disturbed breathing and its medical comorbidities are affecting more and more people each day. This course will educate the dental team on the diagnosis and treatment of sleep-disturbed breathing. Lives can be changed. Lives can be saved!

### **Learning Objectives:**

- Understand the medical issues of sleep-disturbed breathing
- Learn the signs and symptoms of sleep-disturbed breathing
- Learn the appropriate methods to work with the medical community for proper diagnosis and prescriptions
- · Be able to completely utilize different documentation methods
- Learn how to treat the pediatric patient with sleep-disturbed breathing

### PM: LASER TECHNOLOGY FOR THE MODERN PRACTICE

Change the way you practice dentistry. There is always a need to learn more despite how many years you've been in practice. See how new technology will elevate your practice and set you apart from the competition. This course will review the benefits of laser therapy for you and your patients including new applications to treat snoring. By incorporating more procedures into your practice, you will provide more accurate and long lasting treatments while increasing practice revenue.

### **Learning Objectives:**

- Learn how to use lasers to increase revenue and help your patients
- Learn how to incorporate new procedures in your practice with the addition of laser technology
- Learn new laser applications for treating snoring
- Learn various wavelengths and why CO2 is preferred by dentists and hygienists
- Understand how laser fractional ablation stimulates new collagen to reduce snoring
- Learn how to set yourself apart from the competition with new technology

**Dr. Jeffrey Osborne** earned his Doctorate of Dental Surgery from the University of Texas Dental Branch at Houston in 1989. He opened his first dental office in west Houston upon graduation. He owned multiple offices throughout the Greater Houston area. Dr. Osborne was also on the Board of Directors of the Greater Houston Dental Society and served as the Vice-President for two years. He holds a MBA in Healthcare Administration from the University of Houston-Clear Lake. He has served as a Dental Director for Cigna Dental and was the Texas Dental Director for United Concordia Dental Insurance. While at United Concordia, he oversaw the administration of the dental portion of the Texas Children's Health Insurance Program. He was also employed as the Director of Quality Assurance for South Texas Dental. He is now the Director of Third Party Programs and Insurance for Smile Source, a group dedicated to preserving the elite business of independent dental care, as well as, the Chief Dental Officer for First Pacific Corporation. Dr. Osborne lectures nationally on a variety of in demand topics including medical billing, sleep dentistry, and laser dentistry.

# ARE YOU AN ASPIRING AUTHOR? INTERESTED IN SHARING YOUR THOUGHTS?

If you have an idea tumbling around in your head that you feel might be interesting to other dental professionals, **MBDS** wants to hear from you!

The MBDS Bulletin is always looking for member-submitted content covering topics of interest to our dental community such as technique tips, case studies, personal victories, etc. Bulletin articles are typically 500-1,000 words in length, and all submissions are reviewed, edited, and approved prior to publication.

We'd love to have our members share their perspectives on issues they face in their daily practice, insights that they have gained through experience, or thoughts about topics faced by dental professionals.

Please get it a try and submit your articles to us at either: MBDSDR@comcast.net or DrRachelLewin@gmail.com



Seminar #4: Friday, April 19, 2024 AM: Offensive Dentistry PM: Nobody Caries Dr. Brian B. Nový Level: Entire Team

### **AM: OFFENSIVE DENTISTRY**

Let's face it, sitting through a lecture about dental caries or caries risk assessment isn't appealing (in fact it sounds downright boring). However, the science of clinical cariology is beginning to have an impact on restorative techniques and technology. Streptococcus mutans has more to fear than a rheostat, now that we're armed with salivary diagnostics and bioactive materials. At the end of this course, participants should be able to:

### **Learning Objectives:**

- Intervene medically in the caries process
- Control patient caries risk with focused therapeutics
- Design restorations to minimize recurrent decay
- Improve the prognosis of restorative treatment

### PM: NOBODY CARIES

Sometimes it seems as though our patients don't grasp the basic concept of home care. Other times our patients with impeccable hygiene develop rampant decay and we feel helpless because we can't figure out what's going on. The mouth is a remarkable environment that cariologists are finally beginning to understand, and so can you. Come learn everything you didn't know about plaque and the amazing organisms that make the mouth a wonderful place to work. At the end of this course, participants should be able to:

### **Learning Objectives:**

- Explain the mixed ecological approach to caries causation
- Apply Evidence Based and novel preventive therapies
- Quickly identify high caries risk patients before they develop disease
- · Stop "watching" lesions and see them get smaller

**Dr. Brian Nový** is the Chief Dental Officer of the Alliance Dental Center, Massachusetts Public Employees Fund with faculty appointments at Harvard School of Dental Medicine and Western University. His awards include the Academy of General Dentistry Weclew Award, The ADA Evidence Based Practice Award, The ADAR/IADR Gies Award, and the ADA Adult Preventive Care Practice of the Year. He served on the ADA Council of Scientific Affairs from 2010 to 2014, and as President of the CAMBRA coalition. In 2016 he was appointed the Consumer Advocate, United States Food and Drug Administration Dental Products Panel.

- MBDS provides the CE that you and your team need for licensure and to provide the finest services to your patients.
- Course participation is first come, first serve. Don't be locked out of the best CE in town! Register Early!
- Courses held at Blue Bell Country Club Clubhouse, Blue Bell, PA, unless otherwise noted.

# See Page 14 for Registration Form or visit www.mbds.org Enrollment Limited!



Approved PACE Program Provider FAGD/ MAGD Credit Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement 1.1/1/2020 to 10/31/2024.

# A Special THANKS to our Sponsors!

Montgomery Bucks Dental Society wants to thank the following companies for their support of the recent MBDS CE Events and Dinner Meetings

3i Zimvee American Dental Designs Lab Biolase Cornerstone Dental Lab Dwyer IT Garfield Refining GLO Hiossen

Hudson Transitions
Invisalign
Penn Community Bank
PNC Bank

Special Thanks to Dr. Angela Stout and Chesheim Dental Associates for sponsorship of the Elmwood Zoo Event.

REGISTER
ONLINE TODAY

No on-site registrations



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### DR. MARK DONALDSON

Associate Principal of Clinical Pharmacy for Vizient's Advisory Solutions



66

Dr. Donaldson has spent the last 25 years focusing on dental pharmacology and dental therapeutics, and is a leader in the field.

# GREATER PHILADELPHIA VALLEY FORGE DENTAL CONFERENCE

04.05.24

FRIDAY APR 5 VALLEY FORGE CASINO RESORT 8:30 AM - 4:00 PM LUNCH & CONTINENTAL BREAKFAST INCLUDED

THE ART OF DENTAL THERAPEUTICS

Better Medicine, Better Dentistry

If the term "relevant and useful pharmacology" sounds like a program you would like to avoid – think again! Providing dental care to anxious, fearful and medicallycomplex patients continues to be a major challenge facing oral healthcare providers. Now more than ever, dental professionals are faced with the additional challenges of treating these patients' oral health needs in the face of polypharmacology, drug interactions, potential illicit drug use and multiple chronic conditions. Imagine if all of this could be made much easier by just going back to the basics.

Have you ever had to face the prospect of treating a medically-complex patient? Have you ever had a patient needing treatment for a dental emergency who has more than one underlying chronic disease? What about your patients of

### **SCHEDULE**

Clinically-Useful Pharmacology » 8:30 AM

Cannabinoids, Illicit Drugs and the Dental Patient » 10:15 AM Money Makes the World Go Round, But Drugs Can Make it Spin! » 1:00 PM

Pharmaceuticals & Nutraceuticals - What do I Really Have to Know? » 2:30 PM

Wrap Up » 4:15 PM

record who are on more than five medications? Now what if these same patients are also experimenting with cannabinoids or illicit drugs? How does the use of marijuana, cocaine, methamphetamine, crack, Salvia divinorum, khat bush, or designer drugs such as MDPV change your treatment plan?

This course will review the pharmacology and current state of medicinal marijuana as it relates to oral health care.

A survey of patients with heart disease, diabetes, psychiatric disorders, and/or hypertension found that 79% were taking supplements concurrently with prescription medications. Among those with cardiac disease, 20% reported regular use of herbals. If this raises your blood pressure, then you need to take this course.

This interactive program is designed for dentists, hygienists and dental assistants, case studies will augment the delivery of key points and a problembased learning approach is encouraged so that each participant's questions are addressed.

### Register at www.gpvfdc.org

\*Event free to members of Bucks, Chester, Delaware, Lehigh, Montgomery and Northhampton County Dental Societies.

### **VOLUNTEERS NEEDED - PLEASE JOIN US!**

MBDS is looking to add some new folks to our Board and our Committees. We realize the value of new ideas and to keep those flowing, we need new volunteers with new perspectives.

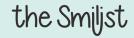
The world and our culture have entirely changed post-COVID. The traditional ways of doing things, whether CE or dinner meeting or other events, have also changed. People's interest in attending events has changed and new, innovative ideas are needed.

The best way to design and plan events that meet your needs and desires is to have you tell us what those are. You can help us plan exactly what is appealing to you, you and your spouse or partner, you, and your family, etc..

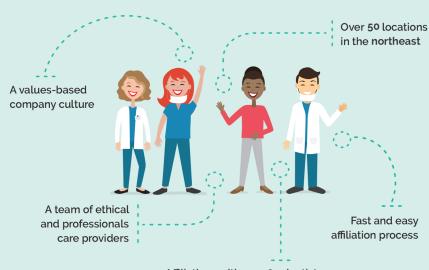
We won't ask too much of you as the majority of the work is done by email and Zoom. We realize that not everyone can make every meeting and we respect your time constraints. You aren't signing up for years of volunteering (unless you are interested and then we are glad to have you for that too).

Please join us and make your dental society and its activities more meaningful to you and your staff members! Contact me, Tom Howley, MBDS Executive Director, at: MBDSDR@comcast.net





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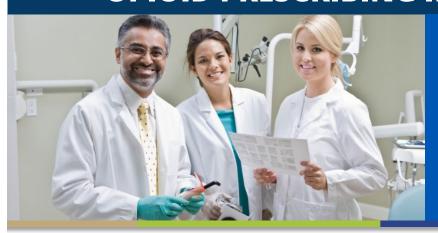


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### **OPIOID PRESCRIBING IN DENTISTRY**



In 2019, U.S. dentists provided 10.9 million opioid prescriptions, representing 7.6% of the opioid prescriptions dispensed that year.

Exposure to dental opioid prescriptions is associated with an increased risk of persistent opioid use, addiction, and overdose!

Source: JAMA Network, 2023

### Earn & Learn - No Cost CE Opportunity

The PA Department of Health and Quality Insights are partnering to provide a live and virtual **Opioid** in **Prescribing in Dentistry** learning session. PLUS, this session offers 1.0 contact hours of continuing education at **no cost to you!** 

Schedule a session for you and/or your clinical team by contacting Quality Insights at <a href="mailto:pdmpeducation@qualityinsights.org">pdmpeducation@qualityinsights.org</a> or scanning the QR code to register for an upcoming session.



This training can be applied toward the PA Act 124 of 2016 licensure requirement and the Consolidated Appropriations Act of 2023 licensure requirement.





# Member Engagement Committee

The Member Engagement Committee has been meeting regularly since June 2023 to help process member feedback and develop novel programming and offerings for MBDS members. This committee discusses and creates programs offers recommendations to the Executive Committee in an effort to try and revamp the offereings of MBDS in order to stay up-to-date with what our members tell us they want. The next Member Engagement Committee meeting will be held at the Hot Topics, Cold Brews event on February 15th. Please consider joining us and contribute your thoughts and help shape our dental society's future!



### **Sponsorship Opportunities**

CE Full Day, Monday Evening Programs and custom packages: **Contact** 

> Dr. Andrew Steinkeler Sponsorship Chair

158 York Road • Warminster, PA 18974 Office: 215-672-6560 • Fax: 215-672-7343 sponsorshipmbds@gmail.com

### For Bulletin and Web Ads

**Contact:** Dr. Tom Howley **Business Manager** 

P.O. Box 633

Green Lane, PA 18054-0633 Office: 215-234-4203

Email: mbdsdr@comcast.net

### **Continuing Education Registration Form**

All courses are held at Blue Bell Country Club Clubhouse\* or at Normandy Farms Conference Center, Silos Ballroom in Blue Bell, PA. Please check website for specific location. Includes all breaks, lunch and instructor handouts. Registration is 8:00 AM to 9:00 AM. Courses begin at 9:00 AM and conclude by 3:30 PM. \*Enter off Route 202 opposite the Montgomery Community College entrance. Tell them you are attending the dental meeting at the clubhouse. Clubhouse is straight back and on the left.

All courses are acceptable for AGD credit.	# of Attending Doctors	# of Attending Team	Total Attending	Total Dollar Amount
☐ #3, Friday, March 8, 2024 - AM: Treating Sleep Apnea PM: Laser Technology for the Modern Practice				
<ul> <li>#4, Friday, April 19, 2024 -</li> <li>AM: Offensive Dentistry</li> <li>PM: Nobody Caries</li> </ul>				

**TOTAL** 

### FEES:

Members' Staff - \$98 ADA Members & MBDS Members: Individual courses - \$195 **Non-ADA Members Dentists:** Individual courses - \$450 Non-Member Staff - \$195 Note: No refunds will be made for any reason. Late fee of \$50 will be assessed for registration within



Doctor's Name:	
Team Names & Position:	
Address:	
Phone #:	E-mail :
Doctor's ADA #	

**Return this form with check to: Montgomery-Bucks Dental Society** P.O. Box 633

Green Lane, PA 18054 215-234-4203 mbdsdr@comcast.net



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If so, the ADA Third Party Payer Concierge<sup>™</sup> is here to help! This is a free service for ADA members. You can reach the Concierge from 8:30 a.m. to 5:00 p.m. Central Time Monday through Friday. Phone: 800-621-8099.



Scan the QR code to learn more.

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### **REGISTRATION FORM**

Distinguished Speaker Series

Thursday, April 11, 2024 • Carly Jacobs, DMD & Stephanie Resendiz, DPT, OCS, FAAOMPT

Orofacial Pain Panel with Q&A Session

If you want to mail a check, please return this form with your check to: ABDS PO Box 633 Green Lane, PA 18054-0633

MIDDS FO BOX 633 Green Lane, FA 16034-0633					
Doctor Attending Menu Selection: 🗖 Fish 💢 Chicken 📮 Vegetarian					
Name:	_				
ail:Telephone:					
Other Attendees: 🗖 Fish 🛕 Chicken 📮 Vegetarian					
Name:	_				
Name:					
"Comp" meals may be used for this event but only for pre-registered meals. Email: mbdsdr@comcast.net to verify that you are eligible.					
\$60.00 per person Total Attending ( ) x \$60.00 - \$					
\$75.00 if <b>received</b> after 4/4/2024 or on-site.					